

Frank McCarthy
Founder & Principal
McCarthy Advanced Consulting



After 20 years embedded in politics, media and policy, Frank created McCarthy Advanced Consulting to provide his clients with the very best government affairs services possible.

Often referred to as one of the hardest working people on Capitol Hill, Frank also believes in working smarter. By blending digital techniques with old fashioned shoe leather, MAC can provide face-to-face interaction with lawmakers on the Hill while providing the tools to activate winning grassroots campaigns.

Prior to MAC, Frank spent five years at the helm of a boutique lobbying firm where he often helped his Union clients fight above their weight class.

A seasoned congressional staffer who has served two House Transportation Committee Chairmen, Frank has also spent time as a sports journalist in New York and an in-house lobbyist for an AFL-CIO-affiliated union, the National Air Traffic Controllers Association (NATCA). He and his wife Richette live in Alexandria, VA with their three kids.